

# Counseling Clinic

*Offering a full range of counseling and mental health services close to home.*

The Hyland Behavioral Health Counseling Clinic, serving clients six days a week, offers some of the most comprehensive outpatient counseling resources in the area.

The Clinic provides one-on-one, couple, group and family counseling led by licensed mental health professionals throughout the day. Our therapists average 20 years of clinical experience in the mental health field.

We offer expertise with children, adolescents, adults, and geriatric individuals in the following areas:

- Depression, post-partum, grief
- Anxiety, stress, PTSD OCD
- Trauma, domestic violence
- Addictions- eating disorders, chemical dependency, alcohol
- Parenting, child behavior management
- School issues, ADHD, conduct disorders
- Relationship issues
- GLTB, sexual identity, gay/lesbian relationships

Please visit our website or call the Clinic to learn more about the groups and services offered.

## Contact Information:

Please call 24 hours a day for assessments.

**Assessment for Services:**  
314.525.4400

**Counseling Clinic:**  
314.525.1400

**Outpatient Services:**  
314.525.7296

We accept most insurance plans.

Hyland Behavioral Health is located on the campus of St. Anthony's Medical Center in south St. Louis County.

It is accredited by the Joint Commission on Accreditation of Healthcare Organizations.

Member of the Association for Ambulatory Behavioral Health.



10010 Kennerly Road • St. Louis, MO 63128  
314-525-7275