

Medicine Matters

ADVANCED MEDICINE. COMPASSIONATE CARE.

A newsletter for physicians and medical office staff

Please remember to discharge your patients by noon to aid in opening beds for admission out of the Emergency Department and to increase patient satisfaction.

OCTOBER CME'S



St. Anthony's Medical Center is accredited by the Missouri State Medical Association to provide continuing medical education programs for physicians. Upcoming CME programs include:

Tuesday, Oct. 4: "Autism Spectrum Disorder", presented by Rolanda Maxim, M.D., Associate Professor of Pediatrics at Saint Louis University

Tuesday, Oct. 18: "Stereotactic Body RadioTherapy (SBRT) for Lung Tumors", presented by John Bechtel, M.D.

Unless otherwise indicated, all programs take place at 8 a.m. in the physicians' dining room and last approximately one hour. St. Anthony's designates this educational activity for a maximum of one hour in Category 1 credit toward the AMA Physician Recognition Award. For additional information or any special needs, please contact St. Anthony's Medical Staff Services at (314) 525-1062.

Essential to Your Success

EHR Essentials, a weekly physician newsletter, is now available every Friday courtesy of the Physician Support Center. The newsletter provides information about the electronic health record. Find comments from the physician coaches, tips and tricks for use of the system, and new information that may be helpful for your workflow. It also addresses issues that have been resolved and new order sets that are available to you.

Stop by the Physician Support Center (PSC) on the main floor of the medical center for your copy today!

St. Anthony's Medical Center's Cardiac Rehabilitation Is Recertified

St. Anthony's Medical Center has been awarded program recertification for its Cardiac Rehabilitation program, by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR). St. Anthony's was recognized for its commitment to improving the quality of life by enhancing standards of patient care.

St. Anthony's Cardiac Rehabilitation program has been certified since 1999. The current certification is valid for three years. St. Anthony's program is designed to limit the physiological and psychological effects of cardiac illness, reduce the risk for sudden death or relapse, control cardiac symptoms, stabilize or improve the patient's condition and enhance the patient's quality of life. The program includes exercise, education, counseling and support for patients and their families.

The AACVPR is a national, multi-disciplinary association dedicated to the mission of reducing morbidity, mortality and disability from cardiovascular and pulmonary disease, through education, prevention, rehabilitation, research and disease management. Central to the core mission is improvement in the quality of life for patients and their families.

For more information about St. Anthony's Cardiac Rehab program, call 314-525-4091

Office Manager Access to EPIC

In order to have the ability to find information in the Epic patient chart similar to what is in our physician portal, you will need to obtain your Epic log-in and password. To do so you must complete two on-line e-learnings (see instructions below). In 5 to 7 business days from the date of completion, you will be notified regarding your log-in access.

How to access the e-learning

- Open Internet explorer and enter www.stanthonyshospital.com
- The SAMC homepage opens
- Select "Physicians" (upper right)
- Select "EMR Training" (left side)
- Turn on sound or use earphones
- Enter User Name: doctor
- Enter password: EMR (all caps)
- Go to "Phase I Epic." Launch and complete both e-learning modules; when finished, you must click on the Survey Monkey link and complete the competency exam.

A score of 85% is required (test can be repeated if needed)

Please note: As of Aug. 6, the physician portal is no longer populated with current patient information. It is historical only.

Stethe-Scoop

The following physicians have recently joined St. Anthony's Medical Center Staff. Additional information (e.g., office address, phone number, etc.) may be found at www.stanthonyamedcenter.com. Please welcome and support them:

- Bracke, Kurt M., D.O.**, Emergency Medicine/Urgent Care
Cibulskis, Catherine C., M.D., Pediatrics/Neonatology (Glennon)
Chen, Fangxiang, M.D., Surgery/Neurosurgery
 (SAMC Neurosurgery Services)
Danon, Saar, M.D., Pediatrics/Pediatric Cardiology (Glennon)
Echeverria, Pablo M., M.D., Medicine/Critical Care Medicine
 (MACC)
Elbabaa, Samer K., M.D., Surgery/Neurosurgery
 (SAMC Neurosurgery Services)
El-Beck, Munier A., M.D., Medicine/Internal Medicine-
 Hospitalist (IMI)
Faller, Bryan A., M.D., Medicine/HEM/ONC
 (Midwest Hematology-Oncology)
Haddox, Cassandra J., D.O., Emergency Medicine (EPSTL)
Hindupur, Sandeep, M.D., Medicine/Cardiology
 (Heart Specialty Associates)
Klevene, Bary M., M.D., Emergency Medicine (EPSTL)
Omer, Shuab, M.D., Surgery/Cardiovascular & Thoracic (Dr. Suen)
Paulsrud, Kirsten S., D.P.M., Podiatry (Ankle & Foot Surgeons of
 the Midwest)
Phatak, Rahul S., M.D., Medicine/Internal Medicine-
 Hospitalist (IMI)
Presti, Michael E., M.D., Medicine/Gastroenterology (SAPO)
Rahman, Md Mahfuzur, M.D., Medicine/Nephrology
 (St. Louis County Nephrology)
Robertson, Theresa Elizabeth (Liz), M.D., Surgery/
 General Surgery (SAPO)
Savedra, Heather L., M.D., Medicine/Internal Medicine (SAPO)
Schwartz, Theresa L., M.D., Surgery/General Surgery (SAPO)
Stenger, Adam E., M.D., Emergency Medicine (EPSTL)
Weilert, Patricia A., M.D., Emergency Medicine/Urgent Care
Williams, Nancy J., M.D., Medicine/Internal Medicine-
 Hospitalist (IMI)
Wulff, Shephali H., D.O., Medicine/Infectious Disease (Nellore)
Yong, Lee K., M.D., Medicine/Infectious Disease (Nellore)

Pulmonary Rehab

Pulmonary rehabilitation has become an important way to reduce the impact of COPD and other chronic lung diseases. It combines exercise training, education and emotional support to help patients control symptoms and improve their quality of life. Research has shown that patients who participate in pulmonary rehab decrease hospitalizations as well as physician office and emergency department visits.

Yet, on average, only 10-15% of eligible candidates receive pulmonary rehabilitation services. Diagnoses eligible for pulmonary rehab include:

- Obstructive lung disease
- COPD-chronic bronchitis and emphysema
- Asthma
- Bronchiectasis
- Alpha 1 Antitrypsin Deficiency
- Cystic Fibrosis
- Restrictive lung disease
- Interstitial lung disease, idiopathic pulmonary fibrosis, sarcoidosis
- Other lung disorders:
- Neuromuscular diseases, lung cancer, pulmonary hypertension, kyphoscoliosis, asbestosis

Program Benefits include:

- Fewer hospital stays
- Reduced symptoms
- Increased strength and endurance
- Increased activity levels
- Healthier lifestyle
- Improved emotional outlook
- Supportive environment

Pulmonary rehab requires a physician order and PFT's must be completed within one year of starting pulmonary rehab. **PFT's must meet the following criteria:**

- PFT requirements for COPD patients (emphysema and chronic bronchitis)
- FEV1 < 80% and FEV1/FVC < 70%

PFT requirements for all other pulmonary patients

- FEV1 < 65% or FVC < 65% or DLCO < 65%

The outpatient pulmonary rehab department is located in Suite 105 of the Physicians Office Center. Once a referral is made, we will contact the patient to schedule an initial evaluation visit. Visits are covered by Medicare and many private insurance companies. The pulmonary rehab staff will assist in making financial arrangements.

For more information, call Pulmonary Rehab at (314) 525-1735 or fax us at 314-525-4103.