

Geriatric Services

Offering a full range of counseling and mental health services close to home

An estimated 25% of older people experience mental illnesses such as anxiety, substance abuse and dementia which are not part of the normal aging process. These and other illnesses such as depression are becoming significantly more common in elderly populations today. When gone untreated, these conditions can lead to poor medication compliance, poor self-care and a greater requirement for nursing home care.

Our counselors average over 20 years of clinical experience with geriatric populations. Hyland provides professional, individualized care that is tailored to meet the specific needs of our geriatric patients.

Outpatient Services

Counseling Clinic:

The clinic provides individual, family, and group sessions focusing on anxiety, stress, depression, trauma, behavior management, relationship issues, loss of a loved one and other topics.

Intensive Out patient and Partial Hospitalization:

These highly-structured programs are for adults who are dealing with depression, anxiety, behavioral health, or chemical use issues.

Inpatient Psychiatric Services

The inpatient program is a short term program in a secure facility for patients who are experiencing safety risks due to mental illness.

Contact Information:

Please call 24 hours a day for assessments.

Assessment for Services:
314.525.4400

Counseling Clinic:
314.525.1400

Outpatient Services:
314.525.7296

We accept most insurance plans.

Hyland Behavioral Health is located on the campus of St. Anthony's Medical Center in south St. Louis County.

It is accredited by the Joint Commission on Accreditation of Healthcare Organizations.

Member of the Association for Ambulatory Behavioral Health.

* Mental Health Trends 2008-2009



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