

Hyland Behavioral Health

Offering a full range of mental health services close to home.

Assessment:

24/7 response to mental health emergencies, including assessments in St. Anthony's Medical Center Emergency Department and The Medical Center.

Acute Inpatient Stabilization:

Inpatient psychiatric care for adults and adolescents, providing a safe, structured environment for individuals who are at risk of harm. Our program focuses on helping patients through a severe crisis, so they can return to their homes, with follow up treatment to address ongoing concerns.

Adult Intensive Outpatient Programs:

These programs are designed especially for patients who can carry out many usual activities, but experience symptoms that impair their daily lives. Patients attend therapy several times per week, 3-4 hours per day. Chemical Dependency Programs are offered afternoons or evenings and Psychiatric Programs are offered mornings or afternoons.

Adolescent Intensive Outpatient Program:

Offered mornings for youth ages 12-18, this program is structured to help teens manage family, school, and general life stressors. Our treatment team works closely with parents and schools to ensure comprehensive care.

Counseling Clinic:

Individual, marital, and family counseling to people of all ages who are experiencing emotional, substance abuse, or psychiatric problems. Appointments are available during the day and evening, Monday through Friday.

Group Education and Counseling:

Groups include Anger Management, Parenting Your Teenager, and Smoking Cessation. Groups meet weekly for six evening sessions. Call for a group schedule.

Contact Information:

Main Location:

10018 Kennerly Road
314-525-7275

Assessment for services:

Call 314-525-7296 for your initial assessment appointment or, for an emergency, go to the ED.

Outpatient Services:

10020 Kennerly Road
314-525-7296 call for a scheduled assessment

Hyland Behavioral Health is located on the campus of St. Anthony's Medical Center in South St. Louis County.



10010 Kennerly Rd. • St. Louis, MO 63128 • 314-525-7275